



EXAMS AND GRADES

SHITOKAI EUROPE - TECHNICAL REQUIREMENTS

1º DAN

Full knowledge of the 5 PINAN.

- YAKUSOKU-KUMITE of one of the 5 PINAN (Analysis and applications).
 - Distinguish the different concept between SYURI-TE y NAHA-TE.
For example, the concept of BASSAI-DAI and the one from SEIENCHIN.
 - Perform a Kata of the ones practiced during the course (free selection).
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2º DAN

YAKUSOKU-KUMITE of 5 PINAN:

- Analysis and applications of the techniques of BASSAI-DAI, BASSAI-SYO and SEIENCHIN, SEISAN.
 - Slight knowledge of the TOMARI-TE style.
For example: MATSUMURA-NO-ROHAI.
 - Perform a Kata at the request of the court from the ones practiced during the course.
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3º DAN

Distinguish completely the 3 styles:

- SYURI-TE: Bassai-Dai, Bassai-Syo, Kosokun-Dai, Kosokun-Syo.
- TOMARI-TE: Aragaki-Ha-Sochin, Niseishi, Tomari-no-Bassai - NAHA-TE:
Seienchin, Seisan, Saifa, Seipai, Sanseiru.
- Perform a Kata from each style, analyse and apply some of his techniques by the court request.



4º DAN

Full knowledge of:

- CHINTO, GOJYUSHIHO: Syuri-Te.
 - SHINPA, PACYU, UNSYU: Tomari-Te.
 - KURURUNFA, SUPARINPEI: Naha-Te.
 - Perform a Kata from each style, analyse and apply some of his techniques by the court request.
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5º DAN

- Full knowledge of the Katas from the Chinese style: A-NAN, NIPAPO, HEIKU, PAIKU, HAKKAKU.
 - Comparison of the katas from Master ITOTSU and the katas from another Master:
Example:
KOSOKUN-DAI y CHATANYARA-NO-KUSYANKU.
CHINTO Y KIHAN-NO-CHINTO.
WANSYU y TOMARI-NO-WANSYU.
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*** FOR EXAMINATIONS FROM 6º DAN ON, PLEASE CONTACT EUROPEANSHITOKAI ASSOCIATION**
